

KEYNOTE Speakers

Dr. Josie Auger – *Western and Indigenous Treatment Philosophies-Reconciling Differences*

Assessment, diagnosis and treatment for addictions is generally seen from a Western lens that takes into account mind/body dualism. The presentation broadly examines the context of Aboriginal peoples in Canada towards a holistic approach. Culture is a cure for addictions to understand the whole being that includes one's mind, body, spirit, and emotions.

Biography: Dr. Josie Auger is a Cree author of "My People's Blood: Indigenous Sexual Health Recovery." It is based on STI/HIV prevention work using popular theatre and action research. She and a popular theatre practitioner worked with Aboriginal young adults who addressed the taboo subject with the support of a group of Elders. Currently, she is involved in governance with Bigstone Cree Nation located, in Treaty 8 Territory and holds board positions with Poundmaker's Lodge and the Nehiyaw Sihcikewina Foundation. Previously, Dr. Auger conducted research, developed curriculum, provided leadership for a non-profit organization, and taught several courses both within mainstream post-secondary institutions and a tribal college. She taught courses in Aboriginal justice, Native studies, history, health and drama. Prior to academia she worked for CBC radio and Aboriginal media. She is a woman grounded in her spirituality and traditional practices who applies Indigenous and Western Knowledge in her work and presentations.

Dr. Susan Boyd – *Developments in Heroin Assisted Treatment and How Substance Use affects Women*

Biography: Susan Boyd is Distinguished Professor in the Faculty of Human and Social Development at the University of Victoria. She is the author of a number of articles and books, including: *Mothers and Illicit Drugs: Transcending the myths; From Witches to Crack Moms: Women drug law, and policy; Hooked: Drug war films in Britain, Canada, and the U.S.;* and co-author of *Raise Shit!: Social action saving lives; Killer Weed: Marijuana grow-ops, media, and justice; More harm than good: Drug policy in Canada.* She was a member of the federal Task Force on Cannabis Legalization and Regulation. She also works with national and community peer-run organizations that advocate for drug policy reform and harm reduction initiatives.

Annie McCullough – *Faces and Voices of Recovery Canada*

As the first federally incorporated nonprofit dedicated to recovery advocacy, our mission is to be the unified national voice for individuals and organizations on all issues related to addiction and recovery. We facilitate a national conversation for Canadians in recovery, their friends, families and allies as well as those still suffering. We are committed to eliminating stigma, shaping public policy and educating people by bringing recovery into the consciousness of Canadians. We accomplish this through the promotion and celebration of recovery, by demonstrating recovery as a positive healing force, and by being the voice for those who have not yet found theirs. We support all pathways to recovery and we support initiatives such as Recovery Day and Recovery Month.

Biography: Recovery advocate Annie McCullough is a maven of reinvention with a serious social conscience and a need to give back. She is a certified Project Manager with over 20 years' experience in a variety of roles in health care and IT, most recently as the National Marketing Director for the Edgewood Health Network. Annie combined her background in project and event management with her passion for recovery to help launch the REEL Recovery Film Festival in Vancouver, co-host Vancouver's first Recovery Radio show, initiate Recovery Day in Vancouver and facilitate its growth to 30 cities across the country as well as co-founding Faces and Voices of Recovery Canada, a non profit dedicated to mobilizing the recovery community. As a person in long term recovery herself, she inspires with her energy and enthusiasm, embodying hope for others who struggle with addiction.



PATHWAYS TO A PREFERRED FUTURE: Options for Addiction Treatment

May 25, 2017

4:00 pm-5:00 pm	Registration –Lower Sentinal Exhibitor Booths – Sentinal 101
5:00 pm-5:20 pm	Smudge – Outside Sentinal Wing
5:30 pm-5:45 pm	Welcome & Introductions – Sentinal 113
5:45 pm-6:15 pm	Local Treatment Updates –Sentinal 113
6:15 pm-7:45 pm	Keynote: Dr. Leslie Lappalainen <i>Bridging the gap between evidence and practice-Opportunities for improvement in the management of alcohol and opioid use disorder</i> – Sential 113
7:45 pm-8:00 pm	Closing

May 26, 2017

8:00 am-9:00 am	Registration –Lower Sentinal Exhibitor Booths – Sentinal 101
8:30 am-8:50 am	Smudge-Outside Sentinal Wing
9:00 am-9:30 pm	Welcome & Introductions – Sentinal 113
9:30 pm-10:45 pm	Keynote: Dr. Josie Auger <i>Western and Indigenous Treatment Philosophies-Reconciling Differences</i> – Sentinal 113
10:45 pm-11:00 pm	Break
11:00 pm-12:15 pm	Keynote: Dr. Susan Boyd <i>Developments in Heroin Assisted Treatment and How Substance Use affects Women</i> – Sentinal 113
12:15 pm-1:00 pm	Lunch – Cafeteria (located at the front of the college)
1:15 pm-2:30 pm	Keynote: Annie McCullough <i>Faces and Voices of Recovery Canada</i> – Sentinal 113
2:30 pm-2:45 pm	Break
2:45 pm-4:00 pm	Breakout Sessions
	1. <i>What Does Addiction Treatment Look Like to You?</i> Panel Discussion lead by Anne Livingston – Sentinal 221
	2. <i>Talking Circle Healing</i> Kris Saliken – Gathering Place
	3. <i>Beyond Addiction</i> Sat Kaur – Sentinal 219
	4. <i>Little Oasis Equine Matters</i> Leah Hope – Sentinal 102
	5. <i>Electronic Cigarettes- friend or foe?</i> Dr. Leslie Lappalainen – Sentinal 113
4:00 pm-4:15 pm	Break
4:15 pm-4:30 pm	Closing – Acknowledgements, Gratitude's, Goodbyes – Sentinal 113

Breakout Sessions Information

1. *What Does Addiction Treatment Look Like to You?* Panel Discussion lead by Anne Livingston

2. *Talking Circle Healing* Kris Saliken

This workshop will include ceremony and drumming as well as an opportunity for participants to experience and participate in a traditional talking circle.

Biography: My name is Kris Salikin and I have mixed ancestry that includes Italian, English, Irish, Dutch and Native ancestry from the Nlaka'pamux First Nation in the Nicola Valley. In 2008 I completed my BSW Specializing in Indigenous Studies, and in 2012 I finished my MSW Specializing in Leadership. I have been working with families in Aboriginal communities in the West Kootenay region for the past 9 years. I currently work with the Circle of Indigenous Nations Society as the Executive Director and I also coordinate the Aboriginal Family Services development program providing cultural support and counseling to Aboriginal people in the West Kootenay region.

3. *Beyond Addiction* Sat Kaur

Wanting to explore and release deeply held patterns and habits? This experiential class introduces you to breathing exercises, simple meditation and movement practices to assist you to do just that. Enhance the flow of energy in your body and move through blockages that get in the way of living a full and happy life. The Beyond Addiction program is designed for individuals seeking to develop healthy habits and overcome addition, for health care professionals, and for yoga teachers who work with those with mental health challenges, trauma, and addiction.

Biography: Sat Kaur Khalsa has been practicing and teaching Kundalini Yoga as taught by Yogi Bhajan for 24 years. Trained in Toronto, she relocated to British Columbia in 2001 and has been studying and specializing in yoga for addictions for ten years. Sat Kaur is honoured to work with Dr. Gabor Mate and Dr. Sat Dharam Kaur, offering the Beyond Addiction program locally and internationally. She is passionately committed to support people in achieving their fullest potential through these teachings.

4. *Little Oasis Equine Matters* Leah Hope

Equine Assisted Learning (EAL) is an experiential learning, building block group program that is based on horse feedback, in order to learn social skills. EAL is NOT therapy. This is not a riding program. It is completely unmounted. It is a combination of horses and people working together through obstacles. The horses are such good teachers, they are able to magnify an individual's problem immediately and provide a skilled facilitator with an opportunity to provide feedback to the individual so they might reflect upon it themselves.

Other services available: Equine Assisted Psychotherapy (this is therapy) in combination with Holly Smees RCC, corporate leadership development and EAL private sessions. See our website www.littleoasisequine.com for more details

Biography: Little Oasis Equine Matters is located in Oasis on a small farm just outside of Trail, B.C. We currently have 4 skilled facilitators and 6 horse teachers.

5. **Electronic Cigarettes- friend or foe?* Dr. Leslie Lappalainen

Biography: Dr. Leslie Lappalainen, MD, completed her residency in family medicine at the University of Ottawa in 2013. She completed enhanced skill training in addiction medicine through the University of British Columbia, and is certified by the American Board of Addiction Medicine (ABAM). Dr. Lappalainen is the Medical Lead for Addiction Medicine for Interior Health, and works as a family physician at the Martin Street Outreach Centre in Penticton, and Ashnola at The Crossing residential treatment centre for youth in Keremeos. She is also a clinical instructor with UBC.